

## CONA PACKING LIST

### FOR THE BUS

Backpack/small bag  
Phone charger  
Change of clothes  
Basic toiletries  
(toothbrush/paste, deodorant, etc.)  
Prescription medications  
Blanket/pillow  
Sweatshirt  
Snacks/water bottle  
Money (food stops, etc.)

### TOILETRIES

Soap/body wash  
Shampoo  
Conditioner  
Shaving supplies  
Deodorant  
Toothbrush & paste  
Hairbrush  
Prescription & OTC medications  
Tampons/pads  
Contact case/solution/glasses

### OTHER

Bath towels (not white)  
Wash cloths  
Hair dryer/straightener/curler  
Lint brush  
Bug spray  
Sunscreen  
Clear nail polish (fix nylons)  
Flip flops (shower)  
Power strip  
Any necessary chargers  
Bag/backpack to carry binder, etc.  
Water bottle  
Umbrella/rain jacket  
Alarm clock  
Notebook & pens/pencils  
Camera  
Sneakers  
Warm nighttime clothes/blanket (Roundtable)  
Money  
    Meals on the bus  
    Ingle's (grocery store)  
    Pizza at Roundtable (\$10)  
    Pins  
    Biltmore trip (optional)  
    Starbucks/Eureka treats

### DAILY BREAKDOWN

Thursday – Bus  
    Casual/sleeping  
Friday – Bus/get to Black Mountain  
    Casual  
Saturday – First day of program  
    Casual  
    Nicer clothes for dinner out  
Sunday – PSG & 1<sup>st</sup> committee  
    Delegation t-shirt  
    Khakis/dress pants (NO jeans)  
Monday – 2<sup>nd</sup> committee; group photo  
Tuesday – 3<sup>rd</sup> committee; GA; seersucker Tues  
Wednesday – GA; recreational trips  
Thursday – Plenary; celebration dinner; dance  
    Casual/sleeping clothes for bus  
Friday – Arrive home  
  
Monday-Thursday – 4 outfits for assembly  
Girls: dress, or skirt/top, or dress pants/top  
Boys: dress shirt, tie, jacket, slacks

### CLOTHING PACKING LIST

\*You should pack for 7 days, plus some extra  
  
4 casual outfits (bus, rec day, etc.)  
4 outfits for assembly  
An outfit for a nice dinner in town  
Hike-appropriate clothes (if desired)  
Khakis for Sunday  
Nice outfit for celebration dinner  
  
Underwear  
Socks  
Sleepwear  
Swimsuit  
  
Flats  
Nylons  
Dress shoes  
Cardigan (A/C can get cold in assemblies)  
  
Belts  
Dress socks  
Dress shoes  
Ties  
White undershirts